

CLINICAL RESEARCH ALLIANCE newsletter



**CROHN'S & COLITIS
FOUNDATION OF AMERICA**

Clinical Research Alliance Meeting

Saturday December 15, 2012
12.30 pm – 2 pm
Location: Conference room 307
(room will be open at 12:00pm)

12.30-12.35

Update CRA

Hans Herfarth and Peter Higgins

12.35-12.50

Updates on CRA Projects

Update on MERIT-UC

Hans Herfarth

Update on PIANO

Uma Mahadevan

Update on PUCCINI

Bruce Sands

12.50-1.10

The Pediatric IBD Network: Studies and lessons to be learned

Subra Kugathasan and Lee Denson

1.10-1.20 Discussion

1.20-1.35

New perspectives: Phase 4 studies of drug safety involving FDA, industry and CRA.

Peter Higgins

1.35-1.50 Discussion

MERIT-UC (Methotrexate Response In Treatment of UC)

BACKGROUND:

There are fewer therapeutic options for patients with active ulcerative colitis (UC) compared to patients with active Crohn's disease (CD) and we are facing a persistent unmet need for additional effective and affordable therapies for patients with UC. Methotrexate (MTX) 25 mg once weekly administered subcutaneously (sq) or intramuscularly (im) is an efficient therapy to induce and maintain steroid free remission in patients with CD. Only one small prospective placebo controlled trial investigating the oral administration of 12.5 mg MTX once weekly compared to placebo has been conducted. The results did not demonstrate superiority of MTX compared to placebo. We conducted a systematic literature research to identify published clinical efficacy data of MTX in patients with UC and found several retrospective and prospective case series demonstrating clinical efficacy of MTX, when the drug was administered in a comparable dose and similar route (im or sq) as in CD. The conflicting data of the only placebo controlled trial and the published clinical experience may be explained by the fact, that MTX has a known dose response curve as shown in patients with CD or rheumatoid arthritis and also has a significant lower bioavailability if applied orally especially in higher doses such as the one used in CD. We therefore hypothesize that MTX presents an effective therapy for patients with UC if administered in a similar fashion as in CD patients.

RELATED PUBLICATIONS:

Herfarth HH, Long MD, Isaacs KL; Methotrexate: Underused and Ignored? Dig Dis DOI: 10.1159/000342735, in press 2012

Herfarth HH, Osterman MT, Isaacs KL, Lewis JD, Sands BE; Efficacy of methotrexate in ulcerative colitis: Failure or promise. Inflamm Bowel Dis 2010;16:1421-30.

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MERIT-UC, Continued...

AIMS of MERIT-UC

MERIT-UC is a NIH funded multi-center prospective placebo controlled study to investigate the safety and efficacy of 25 mg MTX applied subcutaneously once weekly in patients with active UC, who are either steroid dependent or are intolerant or not responding to 5-ASA's or azathioprine/6-mercaptopurine therapy or have no response/ lost response to infliximab prior to the study inclusion.

The aims of the trial are:

- 1) To evaluate the safety and tolerability of 25 mg MTX applied sq once weekly over a time period of 48 weeks.
- 2) To evaluate the relapse-free survival of MTX maintenance therapy compared to placebo over a time period of 32 weeks.
- 3) To evaluate the efficacy of MTX over a time period of 16 weeks to induce steroid free remission.
- 4) To establish a DNA, plasma and serum library to enable the evaluation of clinical and pharmacogenomic models to predict the response to MTX therapy in patients with UC.

ACTIVE SITES IN MERIT-UC

Currently we have 27 active sites and 7 sites are preparing to join the consortium (if you want to see who is participating check the CRA website www.CCFACRA.org). We are still looking for new sites. If you are, or know of a site, that might be interested, please contact Hans Herfarth of MERIT-UC: hherf@med.unc.edu.

RECRUITMENT

So far we have screened 50 patients for the study and included 30 into the open label induction period. We hope to further increase screening and recruitment in the next few months.

Contact for MERIT-UC – Hans Herfarth, MD, PhD
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PIANO: PREGNANCY IN INFLAMMATORY BOWEL DISEASE AND NEONATAL OUTCOMES

Objectives and Aims: Unchanged from original Proposal

Hypothesis: Women with IBD exposed to azathioprine/6-mp and anti-TNF therapies during pregnancy and conception have different pregnancy outcomes than women with IBD not exposed to these medications.

Primary Objective:

- Determine whether the rates of congenital malformations, spontaneous abortion, preterm birth and small for gestational age (SGA) infants in a prospective national sample of women from the United States with IBD exposed to azathioprine/6MP or anti-TNF therapy are greater than those among IBD-affected women not exposed to these medications
- Determine 4 year outcomes of infants born to mothers with IBD with respect to developmental delay, infections and other health related complications

Secondary Objectives:

- Determine whether the rate of any adverse pregnancy outcomes (defined below) in a prospective national sample of women from the United States with IBD differ with respect to exposure to azathioprine/6MP or anti-TNF therapy
- Determine factors that predict adverse pregnancy outcomes in a prospective national sample of women from the United States with IBD
- Determine rates of disease activity during pregnancy and the post-partum in a prospective national sample of women from the United States with IBD

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PIANO, Continued...

- Determine whether adverse outcomes are more common when the expectant mother has active IBD than when the expectant mother has quiescent IBD
- Determine the rate of neonatal complications (defined below) up to one year from birth in a prospective national sample of children born to women from the United States with IBD

Results

- This project received approval from the CCFA in late January of 2007. Institutional review board (IRB) approval was obtained from the University of California, San Francisco by July 2007.
- At this time 31 sites have received IRB approval and have been contracted to participate in this study
- As of October 26, 2012, 1087 patients have been enrolled in the registry
- 337 patients have enrolled in the PIANO extension
- Along with the data monitoring center at the University of North Carolina, case report forms have been continually upgraded as the various sites proceeded through the multiple questionnaires. A sophisticated website for data entry has been created that can be accessed on-line by each study site. We have created programs that send automated reminders to each site for when each individual patient questionnaire is due. We have had excellent compliance with less than 2% of the forms being delinquent
- Patients who have delivered are eligible for the extension with questionnaires at infant years 1, 2, 3 and 4. In addition to maternal and infant health question-

naires, Ages and Stages developmental questionnaires are filled out as well.

Publications:

- Abstract presented as an oral presentation at DDW in 2009, 2010, 2012
- IMIBD Plenary Session presentation 2012
- This study will generate multiple papers. All contributors will be on at least one publication from this.
- Paper for PIANO in progress

2013 plans

- Funding requested from CCFA SRA for a 3 year study to measure placental and breastmilk levels of anti-TNF at birth and correlate with infections. Also will capture data on newer medications approved for IBD
- Funding requested for separate study to analyze B and T cell development based on drug exposure

Interim Analysis 5/12

- 1000 women enrolled, 896 have delivered
- Group A (azathioprine/6mp) n= 204; Group B (biologics) n = 291; Group AB (both) n= 75; Unexposed (to aza/biologics) n = 326
- Overall minimal differences between Group A, B, AB and unexposed group, except:
 - Increased risk of preterm birth Group AB: OR 1.83 (1.01-3.31)
 - No statistical increased risk of complications, infections, congenital anomalies based on medication exposure

Contact for PIANO- Uma Mahadevan, MD
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PUCCINI: Prospective Cohort of Ulcerative Colitis and Crohn's Disease Patients Undergoing Surgery to Identify Risk Factors for Post-Operative INfection I

Hypothesis:

IBD patients exposed to anti-TNF therapies pre-operatively have a higher rate of post-operative infections within 30 days than patients not exposed to these medications.

Primary Objectives:

- Determine whether the rate of post-operative infection (surgical site infections and extra-abdominal infections) in a prospective multi-center sample of IBD patients undergoing abdominal surgery is greater in patients exposed to anti-TNF therapy than those unexposed to these medications.
- Determine whether anti-TNF exposure is an independent risk factor for post-operative infection in a multi-center prospective sample of IBD patients undergoing abdominal surgery.

Secondary Objectives:

- Determine if exposures to other IBD therapies including corticosteroids, antibiotics, thiopurines, methotrexate, cyclosporine, and natalizumab are associated with an increased rate of post-operative infection in a prospective multi-center sample of IBD patients undergoing abdominal surgery in the United States.
- Determine other risk factors that predict post-operative infection in a prospective multi-center sample of IBD patients undergoing abdominal surgery in the United States.

- Determine predictors of short term pouch specific complications in a prospective multi-center sample of IBD patients undergoing Ileal Pouch Anal Anastomosis (IPAA) in the United States.
- Determine predictors of non-infectious outcomes such as hospital re-admission, re-operation, thrombotic complication, and mortality in a prospective multi-center sample of IBD patients undergoing abdominal surgery in the United States

Status Update

- Pilot study sites (PI/Co-Investigator)
 - Cleveland Clinic Foundation (Bo Shen, Feza Remzi)
 - Massachusetts General Hospital (Vijay Yajnik, Liliana Bordeianou)
 - The Mount Sinai Hospital (Bruce Sands, Benjamin Cohen, Joel Bauer)
 - University of Michigan Hospital (Peter Higgins, Karin Hardiman)
 - University of North Carolina Hospitals (Hans Herfarth, Mark Koruda)
- Electronic CRFs created by UNC/Dartmouth from detailed study protocol.
- Patient recruitment began late September 2012. 53 patients enrolled as of October 22.
- Pilot site conference calls including research coordinators, IBD gastroenterologists, and IBD. surgeons have been taking place every 2 weeks since August. Calls have been used to modify enrollment strategies, trouble shoot electronic CRF forms, and prepare for larger grant submission.
- Letter of intent submitted for CCFA Senior Research Award

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